

Volunteering opportunities available include:

- Assisting with social activities
- Fundraising events
- Befriending - telephone or home visits
- Administration - reception, mailouts etc
- Information and advice telephone advisers
- Advocacy - general and financial

We welcome volunteers of all ages and experiences. Volunteers are able to claim expenses.

To find out more about volunteering contact us on **t** 01603 787111.

How you can help us

Events

If you are thinking of organising a community fundraising activity please think of Age UK Norfolk and contact us. We hold events and opportunities throughout the year. Visit www.acnorfolk.org.uk for our latest news.



Corporate Fundraising

As a commercial organisation, you can help us make a difference to older people's lives by

supporting your employees to volunteer or fundraise on our behalf. We are looking to form corporate partnerships with businesses in Norfolk for long term mutual benefit.

Gift Aid

By making a donation to the organisation and adding Gift Aid, you would be making a huge contribution to the work of the charity. We are able to reclaim 25p in every £1 that you donate. Please contact us on **t** 01603 787111 or visit www.acnorfolk.org.uk to find out more.

Legacies and Bequests

A lasting way to be remembered

Legacies

Older people's lives could be transformed by remembering them in your Will. If you wish your money to be used to help people in later life in Norfolk, please be specific in where you wish your money to be used. If you wish it to be used 'to help older people across Norfolk' then put Age UK Norfolk in your Will. This will ensure that older people in Norfolk get the helping hand they need.

Bereavement Advice Service

Age UK Norfolk offers a Bereavement Advice Service which offers practical help and support to an older person who has no family or friends to assist them.

Age UK Norfolk 300 St Faith's Road
Old Catton Norwich Norfolk NR6 7BJ
t 01603 787111 **f** 01603 301371

e acn@acnorfolk.org.uk

www.acnorfolk.org.uk

Age UK Norfolk is the operating name of Age Concern Norfolk, a Charitable Company limited by guarantee Registered in England No 03783205. Registered Charity No 1077097.



A Guide to our Services

Supporting later life in Norfolk

